

'Zen Solei' Pastry

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Recipe step by step

Equipment

PROCESS

Molds: Round 6cm Silikomart silicone mold, 6cm Eclipse silicone mold (Moldbrothers), 4cm silicone sphere mold

60x40cm baking tray

Components (Recipe for around 10 pastries)

PROCESS

- 1. Matcha Sponge
- 2. Matcha Rice Crispy
- 3. Mango/Yuzu Coulis
- 4. Green Shiso Mousse
- 5. Matcha Anglaise
- 6. Velvet Spray & Decoration

Matcha Sponge

INGREDIENTS

30 gr Egg yolk

30 gr Sugar (2)

170 gr Almond powder

55 gr Flour

8 gr Matcha powder

27 gr Butter

125 gr Egg white

150 gr Sugar (1)

1 gr Salt

PROCESS

- 1. Whip egg whites with sugar (1) until stiff peaks form.
- In a separate bowl, beat whole egg, egg yolk, sugar
 matcha, and almond powder until combined.
- 3. Add the melted butter.
- 4. Gently incorporate the whipped egg whites into the almond mixture with a spatula.
- 5. Add the flour and salt and mix well.
- 6. Spread the batter evenly on a baking mat and bake at 210°C (410°F).
- 7. Let cool down completely and use a knife to cut into 4cm high ribbons to line the sides of each 6cm mold.

Matcha Rice Crispy

1

INGREDIENTS

80 gr Veliche Crispy Crunchies

25 gr Veliche Rice Crunchies

40 gr Almond paste 100%

1 gr Salt

5 gr Matcha powder

100 gr Veliche Obsession 30 white chocolate

PROCESS

- 1. Melt the white chocolate to 45°C (113°F). Blend with almond paste, matcha, and salt until smooth.
- 2. Add both types of crunchies and mix well.
- 3. Add 15 gr of matcha rice crispy, after lining with the sponge (recipe 1), at the bottom of each mold. Press until flat.

Mango/Yuzu Coulis

INGREDIENTS

375 gr Mango purée 100%

40 gr Yuzu juice

60 gr Invert sugar

4 gr Pectin NH

60 gr Sugar

10 gr Gelatin powder

50 gr Cold water

2

PROCESS

- 1. Mix the gelatin powder with cold water.
- 2. Combine pectin NH with sugar.
- 3. Heat mango purée and invert sugar to 40°C (104°F), then whisk in the pectin-sugar mixture.
- 4. Bring the purée to a boil.
- 5. Finish by adding the citric acid and the gelatin mix.
- 6. Let it cool down and blend until smooth with a hand blender. Divide into 4cm silicone sphere molds and freeze.

Green Shiso Mousse

INGREDIENTS

520 gr Cream 35%

100 gr Egg yolk

100 gr Sugar

30 gr Water (2)

170 gr Milk

14 pc Green shiso leaves

4 gr Lime zest

2 gr Matcha powder

45 gr Water (1)

9 gr Gelatin powder

250 gr Veliche Obsession 30 white chocolate

4

PROCESS

- 1. Mix the gelatin powder with cold water.
- 2. Whip the cream to soft peaks (smooth chantilly).
- 3. Warm the milk with green shiso leaves (cut in pieces), lime zest, and matcha to 65°C (149°F). Cover and infuse for 30 minutes.
- 4. Add gelatin mass to the infused milk, then blend until smooth. Strain and pour over white chocolate; mix until fully melted.
- 5. Make a pâte à bombe by boiling the sugar with water (2) to 120°C (240°F) and whip together with the egg yolks until thick and pale.
- 6. Once the shiso-chocolate mixture cools to 30°C, fold into the pâte à bombe, then gently incorporate whipped cream.
- 7. Use immediately, dividing between the 6cm round molds (see below in assembly).

Matcha Anglaise

INGREDIENTS

315 gr Cream 35%

210 gr Milk

85 gr Egg yolk

48 gr Sugar

5 gr Gelatin powder

25 gr Cold water

5 gr Matcha powder

175 gr Veliche Obsession 30 white chocolate

PROCESS

- 1. Mix the gelatin powder with cold water.
- 2. Bring cream and milk to a boil.
- 3. Mix the egg yolk and sugar.
- 4. Combine the cream with the egg yolk and sugar mixture, then heat to 84°C (183.2°F) while stirring.
- 5. Remove from the heat and add the gelatin and green matcha to the mixture.
- 6. Let the anglaise cool down to 50°C (122°F), then blend in white chocolate with a hand blender until smooth.
- 7. Divide the anglaise in the 6cm Eclipse disk silicon mold and freeze.

Velvet Spray & Decoration

INGREDIENTS

200 gr Veliche Obsession 30 white chocolate

90 gr Veliche Cocoa Butter

3 gr Green color or matcha

PROCESS

<u>Velvet spray:</u>

Melt white chocolate and cocoa butter to 45°C (113°F). Blend in green coloring or matcha.

Chocolate disk decorations:

- 1. Temper Veliche white chocolate and make 6cm disks.
- 2. Pipe white chocolate dots on a plastic sheet, dust with matcha powder, and cover with a second plastic sheet. Press with a disk until flat.
- 3. Cut out a disk with a 6cm cutter and allow to crystallize. Then, remove the plastic sheets and cut

Assembly

PROCESS

- 1. Prepare all recipe components as described above.
- 2. Cut the matcha sponge into 4cm-high ribbons and line the sides of each 6cm mold.
- 3. Place a thin layer of matcha rice crispy (15g) at the bottom of each mold; press flat.
- 4. Divide the green shiso mousse into the molds.
- 5. Insert the frozen mango-yuzu coulis sphere into the center of the mousse, then cover with additional mousse to fill the mold.
- 6. Unmold the frozen matcha anglaise and spray them with the prepared velvet spray using a spray gun.
- 7. Place a velvet-sprayed disk on top of each assembled pastry.
- 8. Finish with the chocolate half-disk decorations as shown in reference images.